

Building Relationships

- Monthly meetings allow our group to build relationships and forge friendships with one another
- During our trip, we take
 opportunities to spend time
 together in faith building
 activities as well as fun outings,
 like going for ice cream together
- Working hard alongside your peers gives you a special opportunity to bond that youth don't often get

Contact Us

Reach out to Bob Hutchison for additional information!

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A youth program for

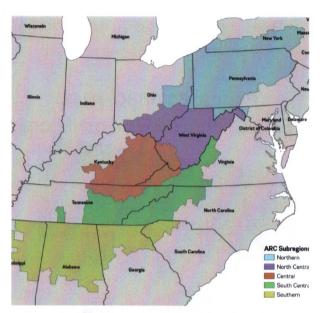
St. Gregory of Nyssa Parish



What Is TMT?

TMT (The Mission Trip) is a program for the youth of our parish to serve others the way Jesus intended. The mission of this group is to provide the opportunity to put your faith into action and return home with lifelong memories and a renewed excitement for Jesus Christ.

What is Appalachia?



Fast Facts:

- Appalachia had a population of 26.3 million in 2021
- The Appalachian average annual income is \$41,155 compared to the U.S. average of \$51,640
- 13.2% of households received payments from the federal Supplemental Nutrition Assistance Program (SNAP) in 2021
- Poverty By Age Group
 - o Child Poverty: 19.8%
 - o Ages 18-24: 22.6%
 - o Ages 25-64: 12.7%
 - Ages 65+: 9.7%

Where Do We Go?

We serve with an organization called TEAMeffort. We will stay in a TEAMeffort facility somewhere in the Appalachian region and work on the homes of people who live in that community. By living in the very community that we are serving we can make lasting relationships with the people we have been called to help.

